



# MERCY HEALTH PARTNERS

MERCY CAMPUS

## Quality Report Card

### Heart Failure

Key Indicators	Mercy Health Partners Muskegon (1)	State Average (2)	National Average (2)	Top 10% of Hospitals Nationwide (2)
Percent of Heart Failure Patients Given Discharge Instructions	86%	90%	89%	100%
Percent of Heart Failure Patients Given an Evaluation of Left Ventricular Systolic (LVS) Function	100%	99%	98%	100%
Percent of Heart Failure Patients Given ACE Inhibitor or ARB for Left Ventricular Systolic Dysfunction (LVSD)	94%	95%	95%	100%
Percent of Heart Failure Patients Given Smoking Cessation Advice/Counseling	96%	99%	99%	100%

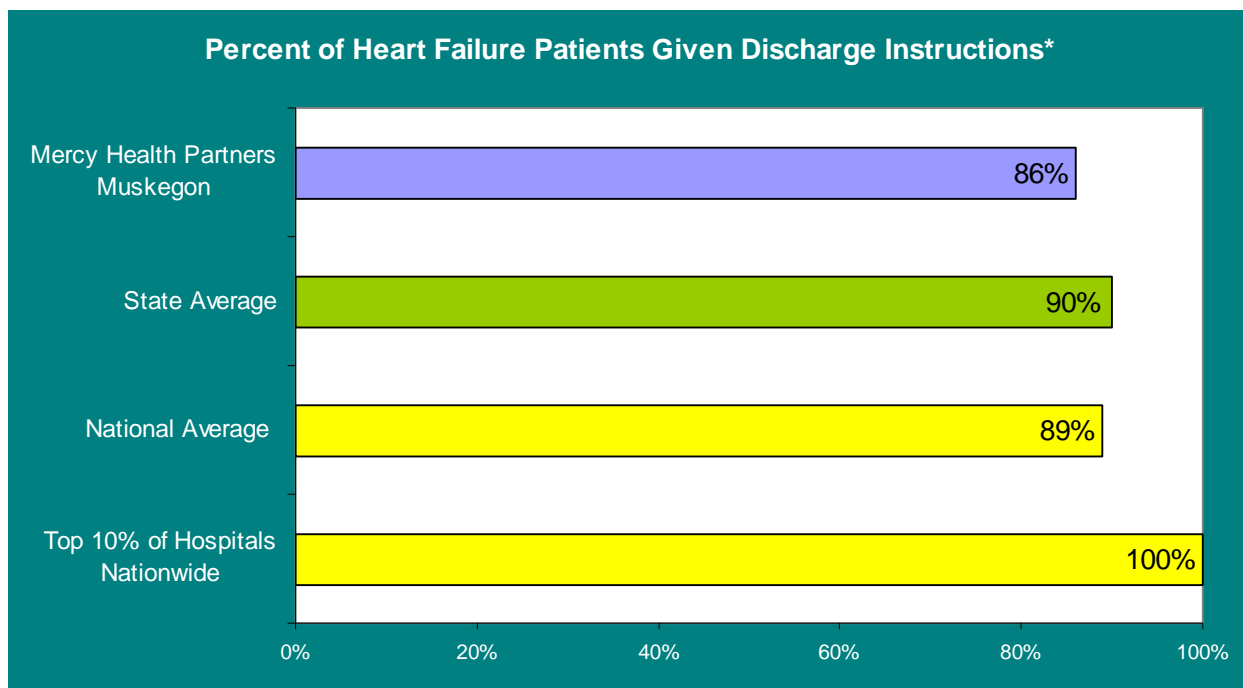
\*The percentage includes only patients whose history and condition indicate the treatment is appropriate. Talk to your doctor if you have questions about your treatment.

(1) Mercy Health Partners Muskegon data time period: January 2011 to April 2011.

(2) State and National average and Top 10% of hospitals nationwide were obtained from the Hospital Compare website on August 25, 2011. The latest reporting period is from October 2009 through September 2010 for all indicators.



## Quality Report Card Congestive Heart Failure



### Why is This Information Important?

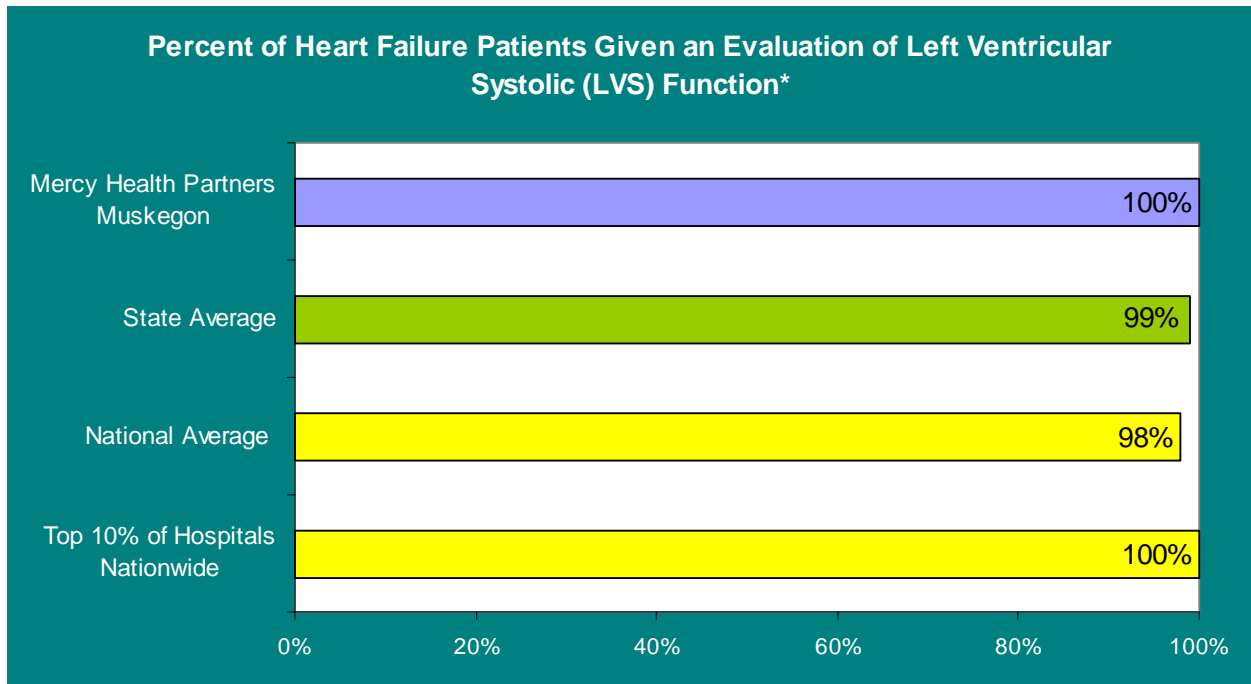
Heart failure is a chronic condition. It results in symptoms such as shortness of breath, dizziness, and fatigue. Before you leave the hospital, the staff at the hospital should provide you with information to help you manage the symptoms after you get home. The information should include your

- activity level (what you can and can't do)
- diet (what you should, and shouldn't eat or drink)
- medications
- follow-up appointment
- watching your daily weight
- what to do if your symptoms get worse

Higher percentages are better.



## Quality Report Card Congestive Heart Failure



### Why is This Information Important?

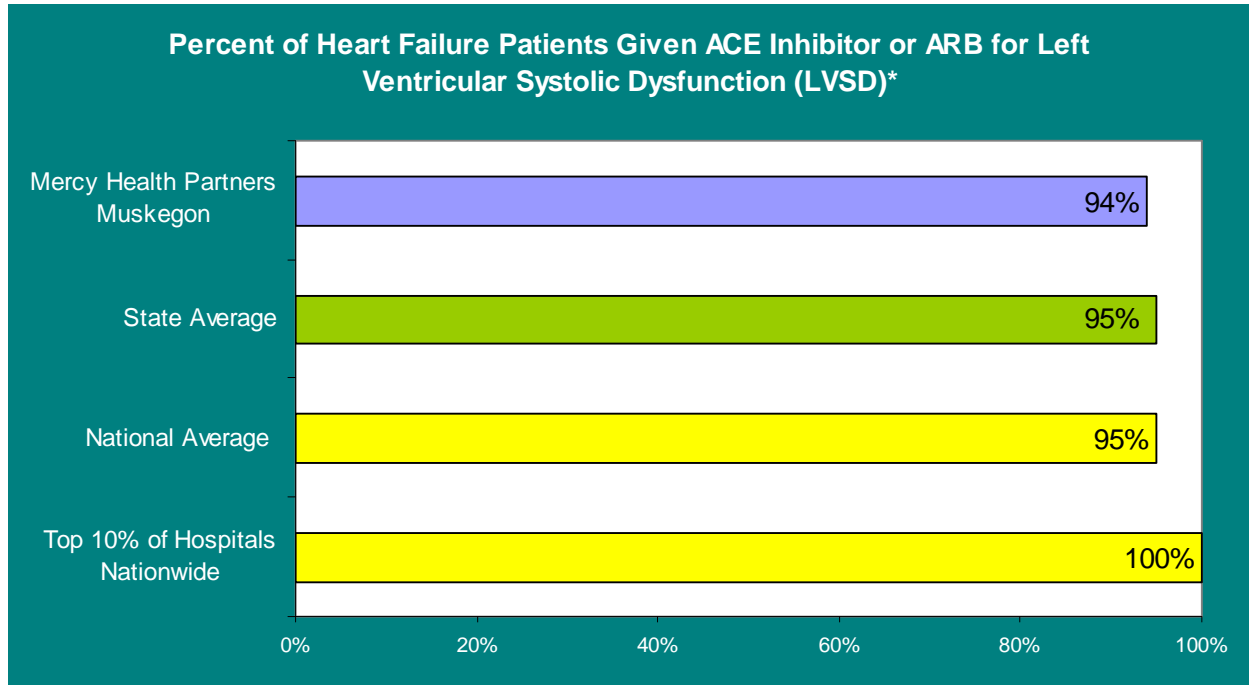
The proper treatment for heart failure depends on what area of your heart is affected. An important test is to check how your heart is pumping, called an “evaluation of the left ventricular systolic function.” It can tell your health care provider whether the left side of your heart is pumping properly. Other ways to check on how your heart is pumping include:

- your medical history
- a physical examination
- listening to your heart sounds
- other tests as ordered by a physician (like an ECG (electrocardiogram), chest x-ray, blood work, and an echocardiogram)

Higher percentages are better.



**Quality Report Card**  
**Congestive Heart Failure**

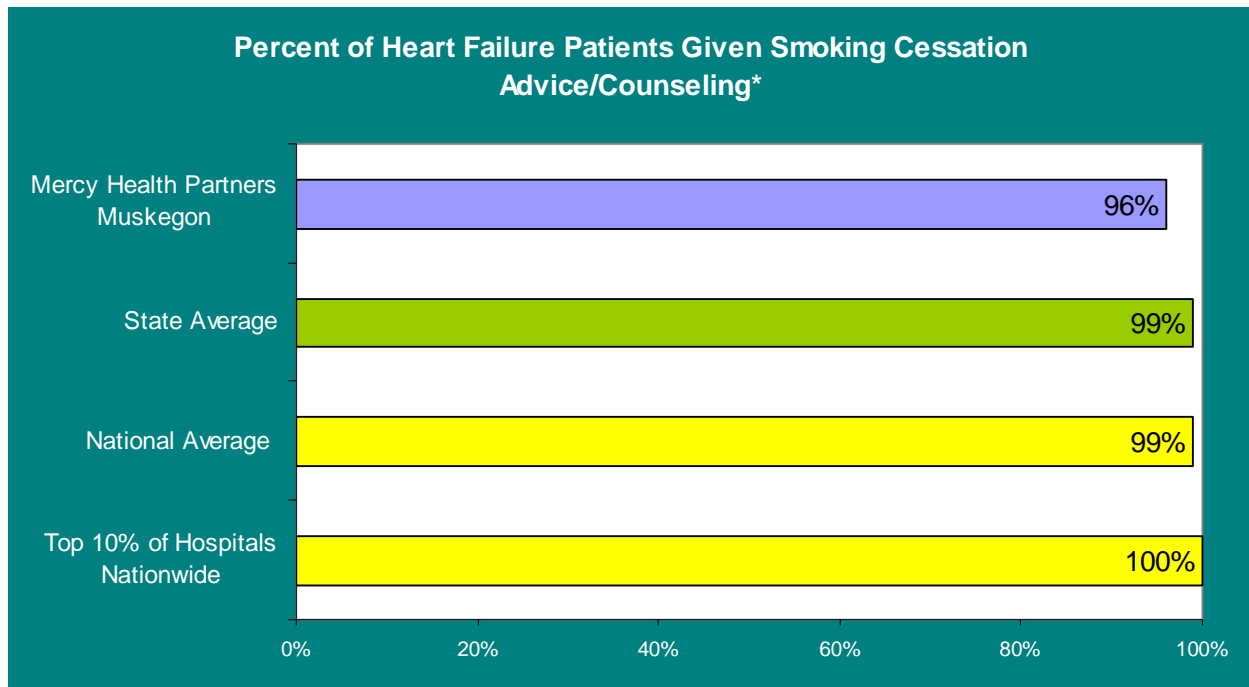


**Why is This Information Important?**

ACE (angiotensin converting enzyme) inhibitors and ARBs (angiotensin receptor blockers) are medicines used to treat patients with heart failure and are particularly beneficial in those patients with heart failure and decreased function of the left side of the heart. Early treatment with ACE inhibitors and ARBs in patients who have heart failure symptoms or decreased heart function after a heart attack can also reduce their risk of death from future heart attacks. ACE inhibitors and ARBs work by limiting the effects of a hormone that narrows blood vessels, and may thus lower blood pressure and reduce the work the heart has to perform. Since the ways in which these two kinds of drugs work are different, your doctor will decide which drug is most appropriate for you. If you have a heart attack and/or heart failure, you should get a prescription for ACE inhibitors or ARBs if you have decreased heart function before you leave the hospital.



## Quality Report Card Congestive Heart Failure



### Why is This Information Important?

Smoking increases your risk for developing blood clots and heart disease, which can result in a heart attack, heart failure or stroke. Smoking causes your blood vessels to thicken. Fat and plaque then stick to the wall of your blood vessels, which makes it harder for blood to flow. Reduced blood flow to your heart may result in chest pain, high blood pressure, and an increased heart rate. Smoking is linked to lung disease and cancer, and can cause premature death. It is important for your health that you get information to help you quit smoking before you leave the hospital.

Higher percentages are better.